

Contents

Internships:
Rev Up Your Resume ... 38

Interview Basics:
Navigating the Interview Process ... 40

Community Service:
The Value of Volunteering ... 44

Health and Fitness:
Steer Clear of the Freshman 15 ... 46

Money Matters:
Take Charge of Your Cash ... 49

Drugs and Alcohol:
Dead-End Street ... 50

Mind and Body:
High-Risk Zone ... 51

Campus Safety:
Proceed With Caution ... 52

Technology:
Tools of the Trade ... 53

Directory of Kentucky Colleges:
Get Smart Guide ... 56

