



Whether you live in an large city or a small rural community, you've probably heard of – or even attended – a “rave.” But more and more, these all-night dance parties are becoming known for more than just music.

Names such as “Roofie,” “Adam,” “Georgia Home Boy,” and “Chalk” are among the names dropped at raves – and they don't refer to the bands. These are just some of the dangerous substances that are being circulated at raves throughout the country – including Kentucky. As a result, many partiers who start off the evening planning to have a little fun end up at the hospital – or worse, at the morgue.

Don't buy the line that the drugs are harmless. Though some may be odorless and tasteless, the effects can result in anything from hallucinations and paranoia to death. (WARNING: Since some club drugs cannot be smelled or tasted, they can easily be slipped into a drink without you being aware. NEVER leave drink unattended at a party.)

When combined with alcohol, the drugs become even more potentially harmful.

There are huge differences in how the drugs affect individuals, with no way to predict how anyone will react. Some people have suffered fatal reactions the first time they use club drugs.

You've heard it before: Drugs are dangerous. Remember that part of becoming an adult is gaining more freedom – and responsibility. Take the responsibility seriously and steer clear of the junk that will keep you from achieving your goals.

Okay, so you're hip, you're cool, and in the know. But do you know the inside scoop when it comes to cigarettes?

- Smoking reduces the oxygen available for muscles during sports, affecting both speed and overall athletic performance.
- In addition to making your hair and clothes stink, tobacco stains your teeth and leaves you with a nasty case of bad breath. (Not so great when it comes to romance!)
- Even short-term use of spitting tobacco can cause cracked lips, white spots, sores and bleeding in the mouth. Plus, the surgery required to remove oral cancer – which has been seen in teens – can result in dramatic changes to your facial appearance.
- The money you spend on tobacco can add up to some serious bucks. Kick the habit and reward yourself with some new clothes, CDs or video games.



STREET NAME

Ecstasy, Adam, Lover's Speed, X

SUBSTANCE

MDMA (methylenedioxy-methamphetamine)

POTENTIAL EFFECTS

impaired memory and learning, damage to brain's ability to regulate emotion, sleep and pain

Cat Valiums, K, Special K, Vitamin K, Ketalar SV

Ketamine

lower doses: loss of attention span, learning ability, and memory. Higher doses: delirium, amnesia, high blood pressure, depression, severe breathing problems.

Forget-me pill, Mexican Valium, R2, Roche, Roofies, Roofinol, Rope, Rophies

flunitrazepam***
(Substance is tasteless, odorless)

memory loss for the time under the drug's effects, low blood pressure, dizziness, drowsiness, stomach upset

G, Georgia Home Boy, Grievous Bodily Harm, Liquid Ecstasy

GHB*** (gamma-hydroxybutyrate)

drowsiness, nausea/vomiting, headache, loss of consciousness, loss of reflexes, seizures, coma, death

Speed, Ice, Chalk, Meth, Crystal, Fire, Glass, Crank

Methamphetamine

memory loss, aggression, violence, psychotic behavior, heart problems, addiction

***Associated with sexual assaults

For more information on these and other drugs, visit the National Institute on Drug Abuse's Web site at <http://www.clubdrugs.org> or call 800-729-6686.